



**Mohammad Reza Armat**

## University

North Khorasan University of Medical Sciences

## Position

Academic Member

## Affiliation

Geriatric Care Research Center, Department of Nursing, Bojnurd School of Nursing, North Khorasan University of Medical Sciences, Bojnurd, Iran.

## Employment

Bojnurd School of Nursing

## Educational activity

Teaching Areas:  
Statistics; Statistical Software;  
Research Methodology courses; Working with Computers; Information Technology in nursing; Medical Terminology; Technical English in Medical Sciences; Medical-Surgical Nursing; Health Assessment; Class and Clinical Teaching.

## Research activity

- The impact of laughter yoga on depression and anxiety among retired women: a randomized controlled clinical trial. Journal of women & aging. 2020 Jun 19:1-2.
- Evaluation of the Impact of Handoff Based on the SBAR Technique on Quality of Nursing Care. Journal of Nursing Care Quality. 2020 Jun 15.
- Directed qualitative content analysis: The description and elaboration of its underpinning methods and data analysis process. Journal of Research in Nursing. 2018 Feb;23(1):42-55.
- Inductive and deductive: Ambiguous labels in qualitative content analysis. The Qualitative Report. 2018;23(1):219-21.
- The effect of tai chi exercise on the risk and fear of falling in older adults: a randomized clinical trial. Materia socio-medica. 2018 Mar;30(1):38.

## Interests

Geriatric

Statistics & Research Methodology

Cardiac Care Nursing

Nursing